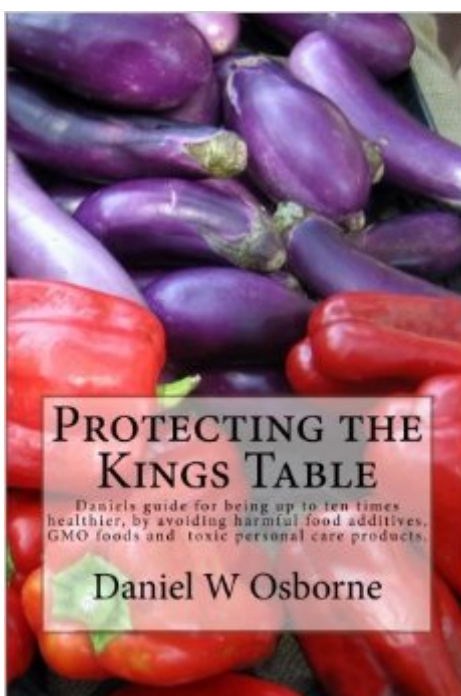


The book was found

# Protecting The Kings Table: Daniels Guide For Being Up To Ten Times Healthier, By Avoiding Harmful Food Additives, GMO Foods And Toxic Personal Care Products. (2) (Volume 1)



## Synopsis

About this book This book is a listing of food additives for a reference to check on foods. In addition, there is a compilation of GMO foods to avoid, and a list of toxins found in personal care products. The list of food additives are in a European number format, which is convenient in terms of grouping them in logical order. There is an alphabetical key to reference the E numbers. Even trace amounts of food additive toxins may make a person unwell in time and reduce health and strength, especially when older. Use this book to check on food additives and altered foods. For example, I accidentally used toothpaste that had Propylene Glycol (antifreeze) and it made my kidneys ache severely for more than a week before I discovered the cause. For health, it is best to check the ingredients of everything...

## Book Information

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## Customer Reviews

This book is a must have if you would like to eliminate the harmful additives from your diet, take it to the store with you and read the labels on foods, learn to recognize the harmful additives and reduce your risk of illness, read this book along with the authors first book " The King's Table" you will have a better idea of how to keep your health and also treat illness the natural way !

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Protecting The Kings Table: Daniels guide for being up to ten times healthier, by avoiding harmful food additives, GMO foods and toxic personal care products. (2) (Volume 1) GMO Free Diet: The

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